



## **SUGGESTED COACHING STAFF CHECKLIST**

- Emergency Cards for all players
- Medical Insurance Waiver form for all players
- Roster (Players)
- Roster (Coaches)
- Sanitary/Disinfectant for campsite
- 2+ flashlights for night supervision
- A considered safe and secure area for lock-up of coaches and players' valuables
- Video cameras/Tripods/Accessories
- Medical Kit
- If your team or players need extensive taping, please provide own. Trainers will do standard taping

## **TRAVEL CHECKLIST**

- Roster of who is traveling with whom and contact information
- Appropriate eating/drinking procedures during travel
- Itinerary for travel
- Directions/School address
- First Aid Kit for travel

\*If you have any questions, please get in touch with either Louis Franklin by phone at (209) 663-2497 or via email at [lfranklin@laketahoefootballcamp.com](mailto:lfranklin@laketahoefootballcamp.com) or Michael Holst by phone at (209) 747-8560 or via email at [mholst@lodiUSD.net](mailto:mholst@lodiUSD.net)